* [Recycling – Is It Worth It?](http://www.greenerideal.com/lifestyle/technology/1004recycling-is-it-worth-it/" \o "Permalink to Recycling – Is It Worth It?)

*by*[*Contributing Authors*](http://www.greenerideal.com/author/contributingauthors/)*• October 4, 2012 •*[*Green Technology*](http://www.greenerideal.com/lifestyle/technology/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/technology/1004recycling-is-it-worth-it/#respond)

Most local authorities provide residents with containers in which they can sort and recycle their waste, as well as regularly collecting the recyclable material. It doesn’t take much effort to sort our waste into separate piles, and recycling seems a perfectly sensible thing to do in a world of finite resources. There are still some, [...]

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[Natural Respiratory Treatments](http://www.greenerideal.com/lifestyle/1004-natural-respiratory-treatments/)

*by*[*Contributing Authors*](http://www.greenerideal.com/author/contributingauthors/)*• October 3, 2012 •*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/1004-natural-respiratory-treatments/#respond)

Natural Respiratory Treatments Whether it is allergies, asthma, COPD, bronchitis, or another respiratory problem, not being able to breathe can seriously mess with your life. All the same, maybe you don’t want to pump your body full of weird chemicals that don’t even seem to always work. Some of them have weird side effects, and [...]

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[Eco Friendly Holiday Habits](http://www.greenerideal.com/lifestyle/1004-eco-friendly-holiday-habits/)

*by*[*Contributing Authors*](http://www.greenerideal.com/author/contributingauthors/)*• October 3, 2012 •*[*Home & Garden*](http://www.greenerideal.com/lifestyle/home-and-garden/)*,*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*•*[*1 Comment*](http://www.greenerideal.com/lifestyle/1004-eco-friendly-holiday-habits/#comments)

Autumn is here, and with it come brisk winds, cozy sweaters, and the start of the holiday season. The holidays allow us the opportunity to spend time with our families and create traditions and memories to be passed down from generation to generation. This time of year is also a great time to make a [...]

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[Is Hollywood Going Green?](http://www.greenerideal.com/lifestyle/entertainment/1004-is-hollywood-going-green/)

*by*[*Contributing Authors*](http://www.greenerideal.com/author/contributingauthors/)*• October 3, 2012 •*[*Entertainment*](http://www.greenerideal.com/lifestyle/entertainment/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/entertainment/1004-is-hollywood-going-green/#respond)

Is Hollywood Going Green? The world’s population is becoming more aware of the serious impact it is having on the environment. Some scientists estimate that many of the world’s resources will be exhausted within this century if people continue on their current path. Statements like this have brought several people over to the environmental side [...]

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[LA’s Carmageddon Gives Insight Into Air Quality](http://www.greenerideal.com/lifestyle/1003-carmageddon-gives-insight-into-air-quality/)

*by [Susmita Baral](http://www.greenerideal.com/author/sbaral/" \o "Posts by Susmita Baral) • October 3, 2012 •*[*Health*](http://www.greenerideal.com/lifestyle/health/)*,*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*,*[*Vehicles*](http://www.greenerideal.com/vehicles/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/1003-carmageddon-gives-insight-into-air-quality/#respond)

One of the nation’s busiest freeways, Interstate 405, was shut down so that a carpool lane could be built. The 10-mile stretch, located in Los Angeles, is part of a $1 billion project that demolishes a portion of the Mulholland Drive bridge. The freeway was shut down last year from July 15 – 17. The [...]

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[Why “Fair Trade” is “Green Trade”: Celebrating October as Fair Trade Month](http://www.greenerideal.com/lifestyle/1002-why-fair-trade-is-green-trade/)

*by*[*Madison E. Rowe*](http://www.greenerideal.com/author/ero/)*• October 2, 2012 •*[*Home & Garden*](http://www.greenerideal.com/lifestyle/home-and-garden/)*,*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*•*[*2 Comments*](http://www.greenerideal.com/lifestyle/1002-why-fair-trade-is-green-trade/#comments)

So, it turns out October is an important month for the environmentally-responsible. Vegetarian Awareness month is now officially underway. And the ninth-annual Fair Trade Month has also kicked off in earnest. Fair Trade Month is organized by Fair Trade USA. It is part of a campaign that underscores the power consumers have to make every [...]

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[Artist Creates “Technological Mandalas” From Recycled Computer Parts](http://www.greenerideal.com/lifestyle/1002-artist-creates-technological-mandalas-from-recycled-computer-parts/)

*by [Susmita Baral](http://www.greenerideal.com/author/sbaral/" \o "Posts by Susmita Baral) • October 2, 2012 •*[*Home & Garden*](http://www.greenerideal.com/lifestyle/home-and-garden/)*,*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/1002-artist-creates-technological-mandalas-from-recycled-computer-parts/#respond)

[](http://www.greenerideal.com/lifestyle/1002-artist-creates-technological-mandalas-from-recycled-computer-parts/)

Italian London-based artist Leonardo Ulian has found a new way to recycle computer parts–by using them as a medium of art. The artist takes old computer parts (specifically microchips, circuits, resistors, and other components found within everyday electronics) and makes geometric shapes, ultimately creating a “technological mandala.” A mandala (which translates to “circle” in Sanskrit) is a cosmic diagram [...]

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[The Sounds of Science](http://www.greenerideal.com/lifestyle/health/1001-the-sounds-of-science/)

*by*[*Jessica Linnay*](http://www.greenerideal.com/author/jlinnay/)*• October 1, 2012 •*[*Animals*](http://www.greenerideal.com/science/animals-nature/)*,*[*Health*](http://www.greenerideal.com/lifestyle/health/)*,*[*Science & Nature*](http://www.greenerideal.com/science/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/health/1001-the-sounds-of-science/#respond)

It’s easy to detect the differences in air quality using some senses: like downtown core quality dirtied up with gasoline and cigarettes versus the smells of fresh cut grass and laid fertilizer way out where it’s rural, and smog is visible between buildings in dense urban areas whereas a million more stars appear in skies [...]

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[October 1 is World Vegetarian Day: Why you should rethink your meat intake today](http://www.greenerideal.com/lifestyle/1001-october-1-world-vegetarian-day/)

*by*[*Madison E. Rowe*](http://www.greenerideal.com/author/ero/)*• October 1, 2012 •*[*Food & Nutrition*](http://www.greenerideal.com/lifestyle/food-and-nutrition/)*,*[*Lifestyle*](http://www.greenerideal.com/lifestyle/)*•*[*0 Comments*](http://www.greenerideal.com/lifestyle/1001-october-1-world-vegetarian-day/#respond)

Vegans unite! Today is the annual World Vegetarian Day. And it conveniently falls on the first day of the week this year, so that we can appropriately call this a Meatless Monday! The event was founded by the North American Vegetarian Day in 1977. The celebration commemorates the proven benefits of vegetarianism. World Vegetarian Day [...]

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